



The BENGAL BEAT

September 2024



MONTHLY FEATURE

Join the Club: Elevate Your High School Experience

by Enoch Ricks



Photo courtesy of Elizabeth Jensen

Speech and Debate team members Mary Ann Jensen, Enoch Ricks, and Jonahven Mariani on break at a tournament.

Making robots. Speaking foreign languages. Eating toast. There are tons of different clubs, for all kinds of people. Here are a slew of reasons why you should join one:

First, college applications. Clubs can help you stand out on a résumé or application. Some of them have competitions—think Debate, Business, or MUN. Others offer community service—NHS, Hope Squad, even Figure Skating. All of them have leadership opportunities for those are get involved. By participating you help your future self to succeed.

Second, friendship and community. Joining a club gives you a group of people to hang out with who have similar interests. Enjoy paper creations? There is an Origami Club, join the fold! Some clubs are huge and great for extroverts, like Theatre or FCCLA. For those who want a more tight-knit group, Novelist Club or Physics Club only have ten or so people.

Third, exploring interests. Clubs allow you to try new things. Get out of your comfort zone and experiment with something you wouldn't

do otherwise. Maybe you're a chess whiz or a rat-turned-famous-chef. There are so many different opportunities out there!

Fourth, hone skills. Clubs can help you strengthen and fine tune your talents. No matter what you want to improve—gaming, writing, photography, cooking, public speaking—there is something out there for you. And you never know, some of those skills may lead to an incredible career. Especially Journalism. (Not that I'm biased or anything.)

Fifth, relaxation. School is stressful, and clubs can give you a break. Destress in a fun atmosphere doing activities you enjoy. Unwind from academic rigors with a piña colada. Or a pickleball flying towards your face. You do you.

Whether it be for college, friends, new experiences, honing skills, or hanging out, clubs are a fun way to be a larger part of the school community. Joining one is a great choice, no matter which you choose or what your motivation. 🐾

BHS Breakdown

A quick way to navigate Brighton's clubs

The Best Clubs For:

Getting Exercise

Rugby	See Yee, 3412
Pickleball	See Apolonio, 3418
Figure Skating	See Miller, 1501

College Applications

Business Club	Tues, APP, Twin Peaks
FCCLA	Sep 11, 2:30, 2110
NHS	Sep 10, APP, 1128
Hope Squad	Thurs, Lunch, 1409

Learning Useful Skills

SkillsUSA	See Otterstrom, 0103
HOSA	See West, 2706
Speech & Debate	Wed, 2:30, Library

The Arts

Choir Club	See Emrazian, 1119
Theater and Tech	See Conner, 1101
Origami Club	Thurs, 3:00, 3507

Wordsmiths

Novelist Club	Mon, 2:30, Library
Yearbook	See Merrill, 3206
Journalism	Wed, APP, 3412
Podcast Club	Fri, 12:30, Library
Runes Magazine	See Meyer, 3307
Book Club	1st Wed, Lunch, Library

STEM

School of Rocks	Thurs, 2:30, 0101
Physics Club	Wed, 2:30, 1409
Math Club	See O'Reilly, 2414
Celestial Robotics	MTTh, 2:30, 1409

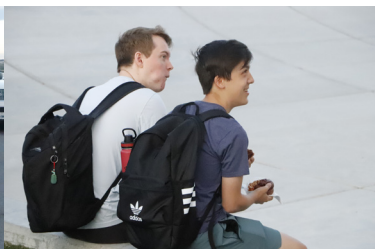
Language & Culture

Spanish Club	See Wilding, 2212
People of the Pacific	Fri, 12:30, 3412
Latinos in Action	See Harris, 2218
Brazilian Club	See Anderson, 2216
KPop Club	See Sheranian, 2303
World Language Club	See Wilding, 2212

Niche Interests

Toast Club	Fri, 12:30, 2216
Gay-Straight Alliance	Thurs, Lunch, 2406
ESports	TWTh, 2:30, 1214
Chess Club	See Gillespie, 1214





ARTS & ENTERTAINMENT

A Midsummer Night's Team

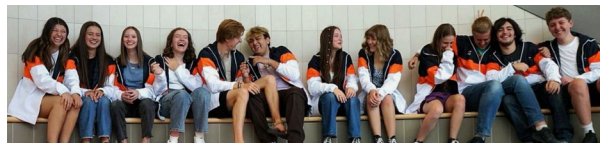
by Crystal Knowlton

With 24 students, this year's Shakespeare Team is the largest Brighton High School has ever had. Each year Brighton Theatre holds auditions for students to join the team, which competes at the Utah Shakespeare Festival in Cedar City by acting out scenes from Shakespearean plays.

Nineteen of these team members rose to the top while performing minute-long Shakespeare monologues at auditions. During the auditions, Makayla Conner, Brighton's theater teacher, watched students perform their monologues and looked for those who were passionate and energetic. In addition to the 19 actors, five other students made the team for technical theater. These students will help behind the scenes to make the show great.

Ms. Conner explained how these students will not only learn Shakespearean acting, but they will also learn about hard work, patience, and teamwork. Some of the performances that we can expect to see from the team this year are a 10-minute piece from Shakespeare's Coriolanus, monologues from Henry IV part 2, Troilus and Cressida, and Henry VI part 3, as well as scenes from Henry VIII and Cymbeline.

Ms. Conner's biggest goal this year is to help the team constantly improve. She hopes that the team will learn and grow throughout this season. We are excited to see the performances from the team and wish them good luck at the Shakespeare Festival! 🌟



Upcoming Events

Schoolwide

- 9/4 Club Rush, Lunch
- 9/5 Burning of the B, 7 pm
- 9/7 Homecoming Dance, 8 pm
- 9/9 PTSA Movie Night, Football Field, 7 pm

Theater

- 9/5 Improv Team Auditions, 2:30 pm Little Theater
- 9/12 Productions Company Auditions, 2:30 pm Little Theater

Music

- 9/28 Oquirrh Mountain Band Invitational

Puzzles & Games

KenKen™ Puzzle

How To Play

1. Fill in each square with a single number. (In a 4x4 grid, use numbers 1 – 4. In a 6x6 grid, use 1 – 6.)
2. Do not repeat numbers in any individual row or column. For example, when you solve a 5x5 grid, each column and row should contain the numbers 1, 2, 3, 4, and 5.
3. The numbers in each cage (heavily outlined set of squares) must combine IN ANY ORDER to produce the target number indicated in the cage using the noted math operation.
4. A number may be repeated within a cage as long as it's not in the same row or column.

2-	3+		2-	
	3	20×		3-
2-	10+	1-		
			4-	5+
1	2÷			

Mini Crossword

Across

1. Speak Loftily
4. Pledge To Marry
5. Concerning The Eye

Down

1. To Best
2. At Altitude
3. Behavioral Guide

1		2		3
	■		■	
4				
	■		■	
5				



Find the answers

Check out the answers to the puzzles @thebengalbeat

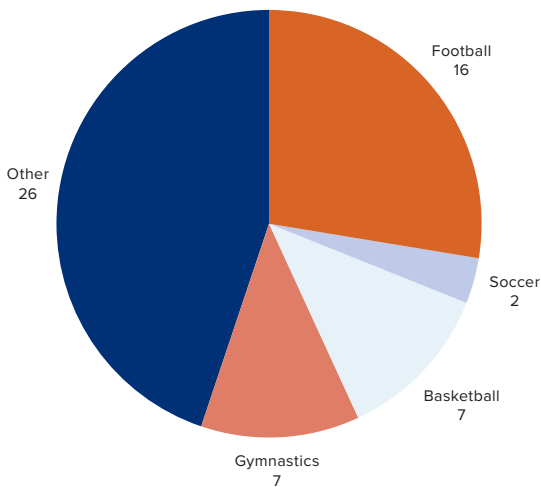


SPORTS BEAT

The Forgotten Sport of Soccer

by Casady Schwartz

Favorite sports to watch at Brighton High School, based on survey results.



With the U.S. women winning gold for Olympic soccer this summer, the U.S. women are, for now, the best soccer team in the world. It is easy to assume that the U.S. emphasizes soccer, but despite being such a popular world sport, it is often overshadowed, even here at Brighton High School.

In a poll of 58 BHS students, only two said soccer was their favorite sport. Sixteen replied football, and 40 students reported other sports. It may be easy to forget what makes soccer special.

One of the reasons Brett Rosen, coach of the BHS boys soccer team, loves soccer is because it is a “player’s game.” “In soccer, you start the half and the players play until the end of the half.” Rosen stated. “[A]s a

coach, you have to prepare them for lots of situations, and then they have to use their own skills...and make plays.”

Teamwork is a huge factor in soccer, says Sara Cowley, coach of the BHS girls soccer team. “I really love the opportunity to work with a group of people that are trying to strive for a common goal.” Assistant coach Tawni Atherley, shared, “You have the U.S. women’s national team winning gold... I just think there’s no greater sport and greater time to be involved in the growth of soccer.”

With all the hard work put into the BHS soccer teams, hopes are high for a great soccer season for the Bengals! 🐾

Sports Calendar

Girls Soccer

- 8/7 vs. Ogden **W 4-3**
- 8/9 vs. Logan **W 8-0**
- 8/13 @ Juan Diego **W 4-1**
- 8/15 vs. Orem **W 1-0**
- 8/20 @ Alta **W 3-1**
- 8/26 vs. East **W 6-2**
- 8/29 vs. Olympus
- 9/4 vs. West, 3:30 pm
- 9/9 vs. Highland, 3:30 pm
- 9/12 vs. Alta, 3:30 pm
- 9/19 @ East 3:30 pm
- 9/23 @ Olympus 3:30 pm
- 9/26 @ West 3:30 pm
- 9/30 vs. Skyline, 3:30 pm

Cross Country

- 8/10 Big Cottonwood Invite
Bridget Smit - 2nd
Zac Ingles - 8th
- 8/30 Timp Invite
- 9/6 Park City Invite, 9 am
- 9/14 Border Wars TBD
- 9/20 TwiKnight Invite
- 9/27-9/28 Bob Firman Invite

Boys Golf

- 8/12 @ East - **4th overall**
- 8/22 @ West - **4th overall**
- 8/26 @ Highland - **Tied for 3rd**
- 9/4 @ Olympus, 1:30 pm
- 9/9 vs. ???, 8:00 am
- 9/16 @ Skyline 8:00 am
- 9/25 @ Alta 8:00 am
- 9/30 Region Championship 7:30 am

Girls Tennis

- 8/20 vs. Timpanogos **W 4-1**
- 8/22 vs. East **W 4-1**
- 8/27 @ West **W 5-0**
- 9/3 @ Skyline 3:30 pm
- 9/5 vs. Olympus, 3:30 pm
- 9/10 vs. Alta, 3:30 pm
- 9/12 @ Highland, 3:30 pm
- 9/13-9/14 Fall Slam Tourney, Brighton 9:00 am
- 9/18-9/19 Regions, Brighton 9:00 am
- 9/28 State (first round), Brighton 9:00 am

Girls Volleyball

- 8/22 vs. Northridge **W 3-2**
- 8/29 @ Park City
- 9/3 @ Lone Peak 6:30 pm
- 9/12 vs. Olympus, 6:30 pm
- 9/17 vs. Highland, 6:30 pm
- 9/19 @ Alta 6:30 pm
- 9/24 @ East 6:30 pm
- 9/26 vs. West, 6:30 pm

Football

- 8/16 @ Provo **W 34-14**
- 8/23 @ Syracuse **W 34-21**
- 8/30 vs. Riverton
- 9/6 vs. Highland, 7 pm (Homecoming Game)
- 9/13 @ Olympus 7 pm
- 9/20 @ Skyline 7 pm
- 9/27 @ East 7 pm



Photo courtesy of Emily Mills

Freshman tennis players Chloe Mills and Madison Farley pose for a quick photo.



ADVICE COLUMN



How do I throw parties with friends?

I would start with a core group—find a time that two or three close friends can for sure come. Then make a group chat with that core group + everyone else you want to include. Send out an invite, and ask your core friends to respond right away. Hopefully that will make other people want to come. Either way, you won't get stuck in that weird position where you invite a bunch of people and no one can go. No matter what, you'll have at least a few people and you can have a great time. When you do throw the party, be flexible. Have options of things to do—games, movies, etc.—and most importantly, have food or snacks.

My friends don't want to get dates for dances, but my parents want me to. What do I do?

People worry that dances have to be romantic if you're taking a date. The truth is, dances are just meant to be chill and fun. You only need to find one other friend who is willing to ask a date. A huge group isn't a must, a four-person group can still be a blast! Do cool stuff, relax, and have a great time. Hopefully, your other friends will see how much fun it is, and you can convince them one at a time to join you.

How do I make good use of my time?

The key is to be intentional. Make a plan—maybe you decide to do your homework right after school, and then reward yourself by doing something fun afterward. Or go somewhere boring during APP so you can get your homework done and be free after school. Maybe you set a limit for how long you can play Fortnite each night. Recognize the times when you could be doing more—use the last ten minutes of class to get work done or talk to teachers, instead of chatting with friends. That will mean more time to hang out after school. If you struggle with procrastinating, break up big projects and assignments into smaller pieces, and make a schedule for when you'll get each part done. Whatever you do, chip at it a bit at a time and be consistent. If you improve by just 1% each day, you'll be 37x better in just one year. 🐾

Questions for Mr. Spratt? Ask anonymously in the question box in the office.

THE BENGAL BEAT STAFF

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Have an idea for us? Want to submit a letter to the editor?
Contact our team at bengalbeatBHS@gmail.com

LETTERS TO THE EDITOR

I Hate To Admit It...

Dear Editor,

I hate to admit it, but overall the phone policy seems to be working out really well. I understand that some kids and parents have concerns about kids having emergencies and their parents needing to contact them, but parents can always contact the school if there is ever a serious need for them to get a hold of their child during class. I would initially argue against the phone policy, since I use it to take photos of notes and make plans for lunch everyday. However, now that I have experienced it, I can seriously tell a shift in my ability to focus during class which is a huge improvement for me personally. I've also noticed a difference in my average phone usage everyday which is really good considering the known fact that staring at a screen for the majority of a person's day is generally bad. The phone policy has not only pushed me to focus but also gain better habits.

Sincerely,

Anna King

It Ain't That Bad Y'all

Dear Editor,

This is my first year as a Brighton Bengal, last year I was at Hillcrest High (trust me it was awful). Brighton has been nothing but fun for me. The teachers are all amazing and want to help. The new phone policy is kind of a strange change, but it is honestly just easier to put it in the pockets they have. It's not like we need it anyway. Because my phone is put away, my writing has already improved. Getting to know friends has improved, I have conversations with classmates I might never have had before. So really it ain't that bad y'all, it ain't.

Merrick Larsen



EDITORIAL CARTOON

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Get mentored by an illustrator*.
Boost your resume.

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* Sam Ricks, winner of the 2016 Theodor Seuss Geisel Award