

BRIGHTON TRACK SCHEDULE

Region 6

2024

Date	Event	Day	Time
Feb 1	Team Parent Meeting	TH	6:15
Feb 26	Practice Begins	M-F	3:00
March 8	Hillcrest @ Brighton (Time Trials)	F	1:30
March 13	Alta & Olympus @ Brighton	W	3:30
March 20	Brighton @ Olympus	W	3:30
March 27	Brighton @ East	W	3:30
April 10	Brighton & Skyline @ East	W	3:30
April 17	Skyline & West @ Brighton	W	3:30
April 24	Highland @ Brighton	W	3:30
May 1	JV Region @ East	W	2:00
May 8 & 9	Region VII Championship @ Alta	W&TH	1:30
May 16-18	State Championship @ BYU	TH&S	TBA

Invitational Meet Dates:

Alpha Invite @ Timpanogos: W&T 3/27 & 28

Copper Hills Invite @ CHHS: Saturday 3/30

UVU Invite @ Utah Valley University: Saturday 3/30

Taylorville @ THS: Saturday 4/13

Davis Invite @ DHS 4/20 or SUU Invite: Friday & Saturday 4/19&4/20

Tiger Trials @ Orem High or Bingham Invite @ BHS: Saturday 4/27

Twilight Invite @ Mountain Ridge High: Saturday 5/3

Coaching Staff

Coaches: K. Merhish HC-relays, J. Larsen HC-Hurdles, A. Sealander-sprints/relays, R. Bullett-Discus, S. Rew-Jumps, M. Brinkman-Shotput, J. Huber-Javelin, T. Summers-Distance, S. Lunt-Distance